

## Growth Group Homework

For the week of March 16 – March 21, 2020

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### GETTING TO KNOW YOU

1. What is Coronavirus affecting in your life?
2. The following is preventative measures year-round provided by YMCA. Please follow the direction as you have your meeting to keep everyone safe.
  - Cover coughs and sneezes with a tissue.
  - Wash hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer with at least 60% alcohol content when soap and water are not available.
  - Avoid touching your eyes, nose, or mouth.
  - Please stay home, or keep your child home if he/she is sick until at least 24 hours after any signs of a fever have gone (without the use of fever-reducing medications) or with the clearance from a healthcare provider.
  - Consult your healthcare provider if you are concerned for your child or family member who is showing symptoms of an illness.
  - If sick, restrict activities outside your home as much as possible. If you must leave home, cover your nose and mouth with a mask or cloth.
  - Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

### GOING DEEPER (used from the book, "Ultimate Reliance" by Sue Nelson Kibbey, 2019)

1. Let There Be Light is one-sentence breakthrough prayer practice that you can use in moments or seasons when you are seeking clarity for God's best intention and priorities. Themes of light and darkness in scripture are descriptive of our own spiritual journey as we follow Christ, desiring to stay in God's light rather than get lost in darkness, stuck in the chaos of clouds, or turned around in the uncertainty that shadows create.

Q. Do you ever feel completely "in the dark" about knowing how to handle an interaction with an unhappy church member? Or in your personal life, do you long for divine light to help you find your next steps?

2. This breakthrough prayer practice invites the Holy Spirit not only to provide light around you, but also to shine light inside you to reveal what darkness needs to be transformed so you are receptive to the activity of the light.
3. (Activity) Place a lit candle or other light in the center of your table or in a corner of the room. Acknowledge it as a symbol of God's ever-present light.
4. Read together or let each member to take one of the following scripture passages and read.
  - John 8:12
  - Philippians 2:14-16
  - Psalm 27:1
  - Psalm 36:9
  - Psalm 97:11

- Psalm 119:105
- Isaiah 9:2
- Luke 11:34-36
- John 1:1-4
- John 3:19-21
- Matthew 5:14-16

Q. Which of the scriptures related to light and darkness spoke to you most significantly-and why? What particular impression or insight did God's Spirit bring you from it?

5. In your opinion, are the clouds or shadows you named positioned around our actual circumstances or challenges-or are any actually within us? If within, how would you describe what they might be?
6. Take a few moments to reflect back on any occasion you remember when God's light seemed to break through. Was it in a situation, a challenge, or inside you? What was the ripple of outplay when it happened? Did it involve any "lightning" moments for you or for anyone else? Give thanks for God's divine light as you share stories that give witness to the Almighty.

## TAKING IT HOME (Application)

1. Pray aloud the Let There Be Light Breakthrough Prayer that you intend to add to your daily practice in the season to come.
2. Do a second go-around so that each person may also pray a specific Let There Be Light or word for your group's needs. Alternately, invite your team leader to do this on everyone's behalf.

Prayer Requests: Share prayer requests and respond appropriately.



### **Growth Group Community Service Project**

We ask every group to take on at least one service project a year (the ideal is two) and to have at least one social gathering (potluck) per half a year. Please consider with your group members of what community service you'd like to participate in. There is a project list made by our church that you can join in and outside the church.

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Reference

- Sue Nelson Kibbey, *Ultimate Reliance*, Abingdon Press, Nashville, 2019